



# Askole - Jhola

Sun, 29 Jun 2014 7:32 Pakistan Time By [samulimansikka](#)



Activity Type: **Hiking** | Event Type: **Uncategorized** | Course: --

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**Details** | Splits | Player

## Summary

Distance: **19.46 km**  
 Time: **5:11:29**  
 Avg Speed: **3.7 km/h**  
 Elevation Gain: **510 m**

## Details

### Timing

Pace **Speed**

Time: **5:11:29**  
 Moving Time: **4:15:54**  
 Elapsed Time: **5:11:29**  
 Avg Speed: **3.7 km/h**  
 Avg Moving Speed: **4.6 km/h**  
 Max Speed: **12.1 km/h**

### Elevation

Elevation Gain: **510 m**  
 Elevation Loss: **395 m**  
 Min Elevation: **2,973 m**  
 Max Elevation: **3,166 m**

- ▶ Laps 1
- ▶ Weather
- ▶ Additional Information

[View Splits](#)

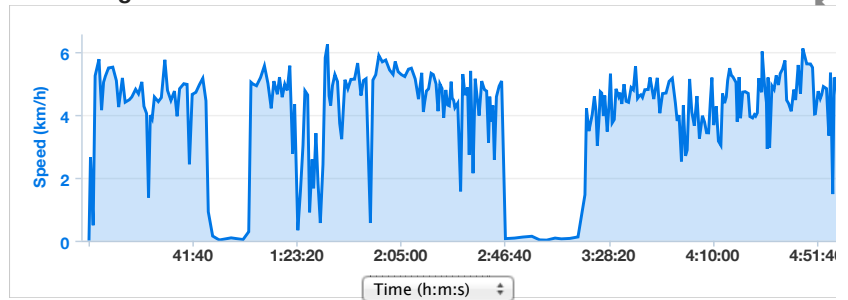
## Map



## Charts

Average

### Timing



### Elevation

