



Jhola - Askole

Sun, 3 Aug 2014 6:12 Pakistan Time By [samulimansikka](#)



Activity Type: **Hiking** | Event Type: **Uncategorized** | Course: --

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Details

Splits Player

Summary

Distance: **19.05 km**
 Time: **4:07:26**
 Avg Speed: **4.6 km/h**
 Elevation Gain: **355 m**

Details

Timing

Pace **Speed**

Time: **4:07:26**
 Moving Time: **3:49:28**
 Elapsed Time: **4:07:26**
 Avg Speed: **4.6 km/h**
 Avg Moving Speed: **5.0 km/h**
 Max Speed: **15.3 km/h**

Elevation

Elevation Gain: **355 m**
 Elevation Loss: **478 m**
 Min Elevation: **2,977 m**
 Max Elevation: **3,164 m**

- ▶ Laps 1
- ▶ Weather
- ▶ Additional Information

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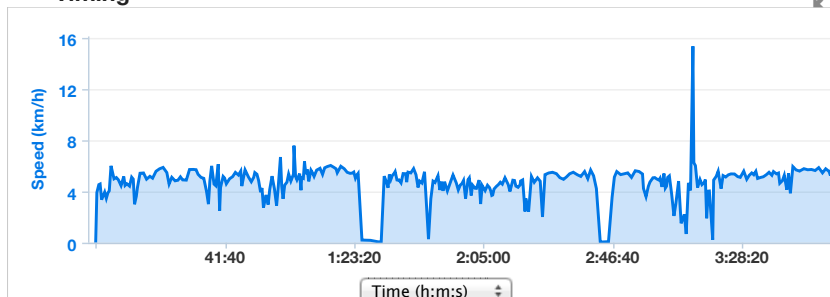
Map



Charts

Average

Timing



Elevation

